

Ridgewood Local Schools Breakfast Menu 2022-2023

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes/Waffles	W/G Cinnamon Bun	Pancake on a Stick or Breakfast Bites	Breakfast Bagel	French Toast Sticks (3)
Pop Tarts	Pop Tart	Pop Tart	Pop Tart	Pop Tart
Muffins (2)	Muffins (2)	Muffins (2)	Muffins (2)	Muffins (2)
Muffin (1) and Yogurt (1)	Muffin (1) and Yogurt (1)	Muffin (1) and Yogurt (1)	Muffin (1) and Yogurt (1)	Muffin (1) and Yogurt (1)
Cereal (1) and Muffin(1)	Cereal (1) and Muffin(1)	Cereal (1) and Muffin(1)	Cereal (1) and Muffin(1)	Cereal (1) and Muffin(1)
Cereal(1) and Yogurt(1)	Cereal(1) and Yogurt(1)	Cereal(1) and Yogurt(1)	Cereal(1) and Yogurt(1)	Cereal(1) and Yogurt(1)
All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk

**Breakfast is FREE to all students.
This institution is an equal opportunity provider.**

