

Ridgewood Local School District

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August 18, 2021

Dear School Community,

Ridgewood Local School District is committed to the safety and health of our students and staff. We want to inform you that that we have recently received information that someone from Ridgewood High School athletic team tested positive for COVID-19.

We ask you to take these steps to continue to be aware of your child's health:

Continue to check your child for COVID-19 symptoms daily: fever or chills, new uncontrolled cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, abdominal pain, new onset of severe headache, especially with fever.

If anyone in your household develops symptoms or tests positive for COVID-19, they should immediately isolate and call Coshocton County Health Department. Also contact your medical providers.

If NO symptoms develop and you have not been instructed otherwise to quarantine for a different exposure, your child may continue to attend school.

If you have any questions, contact Mike Masloski at 740-545-7639 or the Coshocton County Health Department at 740-622-1426. Thank you for helping to keep people safe and to slow the spread of COVID-19 in our community and school.

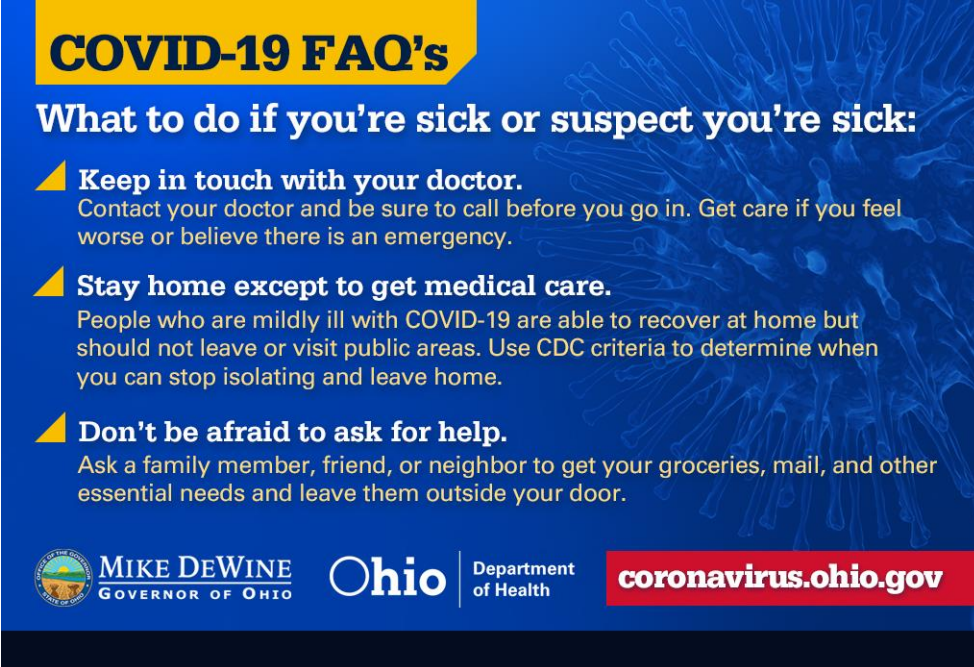
For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634) or visit coronavirus.ohio.gov. Resources from the CDC include:

- <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/Daily-Home-Screening-for-Students-Checklist-ACTIVE-rev5A.pdf>

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

Sincerely,


Mike Masloski



COVID-19 FAQ's

What to do if you're sick or suspect you're sick:

- ▲ **Keep in touch with your doctor.**
Contact your doctor and be sure to call before you go in. Get care if you feel worse or believe there is an emergency.
- ▲ **Stay home except to get medical care.**
People who are mildly ill with COVID-19 are able to recover at home but should not leave or visit public areas. Use CDC criteria to determine when you can stop isolating and leave home.
- ▲ **Don't be afraid to ask for help.**
Ask a family member, friend, or neighbor to get your groceries, mail, and other essential needs and leave them outside your door.

 **MIKE DEWINE**
GOVERNOR OF OHIO

Ohio | Department of Health

coronavirus.ohio.gov