

Ridgewood Elementary School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes	W/G Cinnamon Bun	Pancake Wrap	Omelet, Sausage Link, Toast	French Toast Sticks (3)
Pop Tarts	½ cp. Fruit and 4 oz. juice	½ cp. Fruit and 4 oz. juice	½ cp. Fruit and 4 oz. juice	Sausage Link (1)
Muffins (2)	Milk	Milk	Milk	½ cp. Fruit and 4 oz. juice
Muffin (1) and Yogurt (1)	Pop Tart	Pop Tart	Pop Tart	Milk
Cereal (1) and Muffin(1)	Muffins (2)	Muffins (2)	Muffins (2)	Pop Tart
Cereal(1) and Yogurt(1)	Muffin (1) and Yogurt (1)	Muffin (1) and Yogurt (1)	Muffin (1) and Yogurt (1)	Muffins (2)
	Cereal (1) and Muffin(1)	Cereal (1) and Muffin(1)	Cereal (1) and Muffin(1)	Muffin (1) and Yogurt (1)
	Cereal(1) and Yogurt(1)	Cereal(1) and Yogurt(1)	Cereal(1) and Yogurt(1)	Cereal (1) and Muffin(1)
				Cereal(1) and Yogurt(1)
All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk	All choices accompanied by: 1/2 cp. Fruit 4 oz. juice 8 oz. milk
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